YOUR HEALTH IS BEING SEVERELY DAMAGED

Hearing loss is not the only health impact caused or worsened by exposure to military jet training. The low pitch vibrations (which you can feel vibrating your skull and internal organs), the loud noise and the chemical pollutants associated with military jet training increase the risks from and can cause: cardiovascular disease; hypertension; stroke; diabetes occasioned by the rise of cortisol levels; heart attack; high blood pressure; immune system disorders; depression, anxiety and other psychological problems; and cognitive damage in children and the unborn. Physicians and scientists are just now beginning to expand the understanding of the health impacts influenced by exposure to toxic jet noise and chemical pollutants. Despite the volumes of evidence already provided to the Navy and to our elected representatives about these serious health impacts neither have been willing to raise waves by actually doing anything. We can, must and will help ourselves. If you have jet-noise health issues, this is the time to fill out the following health survey. Then mail it back to us and we will help you return responsibility and accountability to government. Help us make our Central Whidbey community once again a healthy and safe place in which to live.

Please provide as much information as you are comfortable providing to us. If there are multiple members of your family who have suffered health consequences related to military jet training exposure please fill out ONE questionnaire for each person. Attach as many additional sheets as necessary and mail back to **Citizens of the Ebey's Reserve, P.O. Box 202, Coupeville, WA 98239**. We can only help you if you help us do it. Thank you.

* * * * *

Legal Name: _____ Date of Birth: _____

Do you live or work under or near Growler training flight paths at the OLF or at Ault Field? ___ yes ___ no

Please explain: _____

Home/Work Address: _____

How long have you lived/worked at this address? _____ years

When were you first exposed to Growler or other military jet training? _____

_____

Have you experienced or been diagnosed with any of the following conditions, or have any of the following conditions worsened, after you were exposed to Growler or military jet training?

Hearing Loss?	___ yes ___no	Tinnitus (ringing in ears)?	___ yes ___ no
Hypertension?	___ yes ___ no	High blood pressure?	___ yes ___ no
Cardiovascular disease?	___ yes ___ no	Heart Attack?	___ yes ___ no
EKG or other cardiac changes?	___ yes ___ no	Stroke?	___ yes ___ no
High cortisol levels?	___ yes ___ no	Diabetes?	___ yes ___ no
Immune system disorders?	___ yes ___ no	Liver problems?	___ yes ___ no
Gastrointestinal problems?	___ yes ___ no	Eating disorders?	___ yes ___ no
Depression or Anxiety?	___ yes ___ no	Insomnia or sleep disorders?	___ yes ___ no

Other psychological issues? ___ yes ___ no Socialization problems? ___ yes ___ no

Unexplained weight gain or loss? ___ yes ___ no Are you frequently angry? ___ yes ___ no

Any substance abuse issues you believe are at least partially attributable to jet noise ? ___ yes ___ no

Do you have problems concentrating at work or in school? ___ yes ___ no

Have your or your kids' grades suffered since the Growlers started flying at the OLF? ___ yes ___ no

Have you ever had a baseline audiogram? ___ yes ___ no When was it performed? _____

Who performed the audiogram? _____

Have you had a subsequent audiogram? ___ yes ___ no Has it changed? ___ yes ___ no

On additional sheets of paper please answer the following questions:

1. Describe in detail any medical conditions you have suffered for which you have seen a physician or specialist and which have been diagnosed as being caused or exacerbated by exposure to Growler or military jet training exposure;

2. Describe in detail any other medical conditions you have suffered but for which you **have not yet** seen a physician or specialist but which you believe may have been caused or exacerbated by exposure to Growler or military jet training exposure;

3. Describe how you feel about your exposure to Growler and military jet training exposure;

4. Detail anything in your background that the Navy might point to in trying to avoid responsibility for the conditions from which you suffer or were aggravated and for which the Navy may be responsible (e.g., being a member of a rock band);

5. Provide a brief narrative of your "life story" to give some insight into who you are as a person--a short story of your life, information to help show that you are a quality believable person.

Would you be willing to let a representative of COER or COER's attorney speak with your doctor about any of your medical concerns: ___ yes ___ no [If yes, we will contact you to get a medical release signed.]

Signature: _____

Telephone: _____ Email address: _____

Doctor's name & contact info: _____

If you are a parent or legal guardian filling out this questionnaire for a minor please indicate your name and the capacity in which you are acting:

Name: _____

Relationship: _____

Birthdate: _____